



#### Windham Ridge P.S. Community Newsletter



### Week ending: November 18th, 2022

#### Two Weeks



at a

**Glance** 

Monday, November 21 (Day 5) York Hills presentations- grade 4 "Taking Charge of Me" Bullying Awareness Week	Monday, November 28 (Day 5) 7C and half of 7B at VORC Book Fair starts
Tuesday, November 22 (Day1) Pizza lunch	Tuesday, November 29 (Day 1) Pizza lunch 2B at VORC
Wednesday, November 23 (Day 2) Digital copy of Progress Report emailed to parents	Wednesday, November 30 (Day 2) 2D and half of 2C at VORC
Thursday, November 24 (Day 3) Digital copy of Progress Report emailed to parents Subway lunch	Thursday, December 1 (Day 3) 2A and half of 2C at VORC Subway lunch
Friday, November 25 (Day 4) Digital copy of Progress Report emailed to parents 7A and half of 7B at VORC	Friday, December 2 (Day 5) 4A and half of 4B at VORC Book Fair ends at 11:10 a.m.

#### **November is Hindu Heritage Month**

Bahá'í Faith 23 Qawl
New Moon 23 New Moon
Buddhism 24 Tiantai/Tendai Memorial
Sikhism 24 Martyrdom of Guru Tegh Bahadur Ji
Bahá'í Faith 26 Day of the Covenant
Indigenous Spirituality 1 Long Nights Moon (local Oneida)
Jainism 3 Maunajiyaras





"Looking to a New Day" by Ann Hilton
"Looking to a New Day' relates to seeing the positives that lie ahead even when hurdles/challenges are present. The painting shows darkness in the foreground and the clouds, but it leads the eye to the coming sunshine, light and hope."



On the night of the November new moon, the sun sets in New York at 4:32 p.m. local time. With the sun setting relatively early, by 6:00 p.m. one will be able to see <u>Jupiter</u> and <u>Saturn</u> in the southern sky, with Saturn further west (to one's right as one faces due south).

 $\underline{https://www.space.com/17561\text{-}new-moon-explained-lunar-phases.}html$ 

### Our WRPS Touchstone

Each day we read a sentence from our touchstone during our virtual morning announcements....

### At Windham Ridge **À Windham Ridge**

We believe that every day is a new beginning

Nous croyons que chaque jour est un nouveau départ

We express our joie de vivre in French
Notre joie de vivre s'exprime en
français

We respect ourselves, each other and the environment

Nous avons du respect pour notre personne, les autres et notre environnement We love to learn and laugh

Nous aimons apprendre et nous

amuser

We believe that character matters **Nous croyons que le caractère compte** 

We have the courage to tell the truth and try our best

Nous avons le courage de dire la vérité et de faire de notre mieux

We believe anything is possible and we dare to dream

Nous croyons que tout est possible et nous osons rêver

### Empathy and Well Being Wednesday

### What does empathy mean to you?



https://www.youtube. com/watch?v=1Evwgu 369Jw

#### le 16 novembre

### wellbeing wednesday



This week, we continue our learning on empathy. Some thinking/ideas shared by Classe 3C - Les élèves de Mme vuia:

Si tu regardes quelqu'un qui pleure tu peux l'aider.



Tu peux jouer avec la personne ou demander ça va? Tu peux l'inviter à jouer avec toi et tes amis pour qu'il ne soit pas tout seul. Montrer que ça t'intéresse.

**Être là** pour quelqu'un qui est triste ou ne se sent pas bien.

Slide Background Design By: Rosana- Grade 7 (Tech Crew)

### WRPS School Council



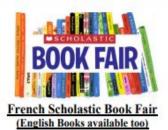
Thank you to all those parents who joined us this week for our November School Council Meeting.

We are looking forward to our next School Council meeting on January 17th, 2023 at 6:30pm.

Links and agenda will follow at a later date.

### Scholastic Book Fair Coming Soon!

Parents/Guardians welcome to visit during the times listed for browsing or purchases.



#### Save The Date! November 28th - December 2nd, 2022

Dear families,

Mark your calendars! The fun and excitement of a Scholastic Book Fair is coming to our school! We are now finally able to host an in-school Book Fair.

So save the date! The Scholastic Book Fair will take place from November 28 - December 2, 2022 in our school library.

Below are dates and times for our Scholastic Book Fair.

Monday, November 28th: 9am - 11:50am and 3:20pm - 5pm

Tuesday, November 29th: 9am - 11:50am Wednesday, November 30th: 9am - 11:50am Thursday, December 1st: 9am - 11:50am Friday, December 2nd: 9am - 11:10am

Looking forward to having students and families visit us at our Scholastic Book Fair!

Happy reading!

Mme Suleman (Teacher Librarian)



granted by Scholastic Book Fairs\*



CLIFFORD THE BOOK RED DOG Illustration © 2020 The Norman Bridwell Trust. All rights reserved.

#### **Programs:**

- Black Excellence Program
- Ascending Sisters
- Rise Brothers

THE CENTRE FOR
BLACK STUDENT EXCELLENCE

YRDSB is pleased to launch the **Centre for Black Student Excellence**, a space committed to the promotion of Dismantling Anti-Black racism and amplifying voices that have been historically marginalized.

We invite you to explore our new online presence at <a href="https://www.yrdsb.ca/blackexcellence">www.yrdsb.ca/blackexcellence</a> to:

- Access videos, resources and information about community partners.
- Learn more about our work to dismantle anti-Black racism, guided by our strategy.
- Celebrate Black excellence through video, feature stories, podcasts and more.
- Find out about programs available to Black students and families.
- Check out <u>our new community newsletter</u>

Inclement Weather



With the winter weather approaching, we want to remind families of the steps we take as a Board to keep students safe when severe weather occurs.

- School transportation may be cancelled due to extreme cold or inclement weather.
  - Schools will remain open unless otherwise stated
  - If school transportation is cancelled in the morning, it will also be cancelled in the afternoon.
  - Any special or hot lunch days and field trips will also be cancelled.
- Families should use their best judgment to decide whether to send their children to school on extreme cold or inclement weather days.
  - Students will not be penalized for missing school on those days.
  - For safety reasons, please let the school know if your child will not be attending school that day.
- Emergency closures will be considered when conditions may not be safe for students and staff members to attend school for the full day.
  - This may include events that significantly limit school operations or access to the school site (e.g., widespread, prolonged power failures or downed power lines).
- Decisions about school transportation and school closures will be made as early as possible and no later than 6:00 aM.
  - Transportation cancellations or school closures are communicated through:
  - Student Transportation Services <u>www.schoolbuscity.com</u> or 1-877-330-3001
  - Board and school websites
  - o <u>@YRDSB</u> Twitter account
  - Radio and TV media outlets

## YRDSB Student Mental Health and Addictions Newsletter

#### **November 2022**



belong here.
am cared for here.
matter here.

matter here.
am important here.
am accepted here.
am valued here.



Dear Families,

The October
Newsletter introduced
the revised Student
Mental Health and
Addiction Strategy
(SMHAS): A Holistic

Approach to Mental Health, Within Us, Between Us, Around Us.

In this edition of the Newsletter, we take a closer look at the concept of "Within" and the associated learning actions for Kindergarten to Grade 12+. The Within learning actions are part of the SMHA strategy implementation and a series of ongoing learning opportunities for students and educators that support student mental health and well-being.

The term learning action reflects our ongoing commitment to connecting the Within-Between-Around framework to continued learning and action, moving beyond an activity, which can often be seen as a moment in time. Through learning actions, we hope to create sustainability and highlight - a process - and a journey in our learning.

The goals of the learning actions are to create/enhance <u>identity-affirming spaces</u> within the learning environment, promote positive identity formation, support educators in knowing their learners in a meaningful way, build positive connections, and support well-being.

Click here to access the full November newsletter.

### Youth School Success Initiative



The Youth School Success Initiative is an ethnic-specific collaborative made up of 7 York and Toronto based agencies working together to empower the educational and holistic success of Black youth in York and Toronto regions. This wrap-around program best meets the needs of identified Black youth in the York Region and Toronto District School Boards. The goals of the program are to support 100 Black youth from Grades 6-8 toward high school preparedness through:

- Academic supports
- Cultural history supports
- Social and emotional self-identity supports
- Life Skills Support

See link below to access more information and registration processes:

https://macca1987.com/YSSI/

### Parent/Caregiver Mental Health Series

Supporting Students of African Caribbean Canadian Heritage

The first session of Understanding the Impacts of Anti-Black Racism on Children and Youth Mental Health will be offered in person on **November 23** and **November 30**. Any parent/guardian of students who identify as Black may attend.

The series, *Moving Forward Hand in Hand*, will provide a number of parent/caregiver in-person and web events to build community, support mental health, and promote healing.



The first session in the series focuses on "Understanding the Impacts of Anti-Black Racism on Children and Youth Mental Health" and will be offered in person on November 23rd and repeated on November 30th. These sessions are offered to any parent/guardian of students who identify as Black.

See more information on flyer Register by November 20th, 2022

# Mental Health Information Session In Mandarin and Cantonese

Click here to access the full flyer and registration link

To register for a Mandarin session: Mandarin Session

To register for a Cantonese session: <u>Cantonese Session</u>

This free information session for parents and families is brought to our

families in partnership with Hong Fook Mental Health Association, Community Care Team and Inclusive School and Community Services of YRDSB.

This session in Mandarin and Cantonese will help parents and families gain:

- an understanding of mental health
- mental health issues
- associated stigma
- coping strategies
- community resources.





https://hongfook.ca/